

# COVID-19

smokefreelife  
Berkshire

Now more than ever is the most important time to look after the country's lung health.

- During these unprecedented times Smokefreelife Berkshire is still running its FREE stop smoking service.
- We are offering weekly telephone/ video call support with our expert advisors.
- Ensuring direct supply of nicotine replacement therapy to your door step.



To start your stop smoking journey today  
call us FREE on: 01184492026  
Or  
Text the word 'QUIT' to 66777